

**Palliative Supportive Care improves the Quality of Life for patients and their families.**



Palliative Supportive Care is appropriate at any age and stage of a chronic or serious illness and can be provided while seeking curative treatment.

The Palliative Supportive Care model incorporates the needs of a person psychologically, socially and spiritually into the traditional model of medical care.

Through this care, education, information, and support - patients and their families are able to make decisions about what is best for them in regards to their health



Pathways is a community-based program of Home Hospice of Grayson County  
[www.HomeHospice.org](http://www.HomeHospice.org)



The Pathways Palliative Supportive Care program is provided by Home Hospice. Since 1982 we continue to serve our community as the most trusted and only non-profit hospice.

Our staff brings a high level of experience and expertise in patient care and community support. Our commitment is to the care of the patient and their family.



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**PATHWAYS PALLIATIVE SUPPORTIVE CARE**

505 W. Center Street  
Sherman, TX 75090  
Phone: 903-820-9753  
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[www.HomeHospice.org](http://www.HomeHospice.org)

A 501(c)(3) organization  
Serving the community since 1982

**Palliative Supportive Care**

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Sherman, TX 75090

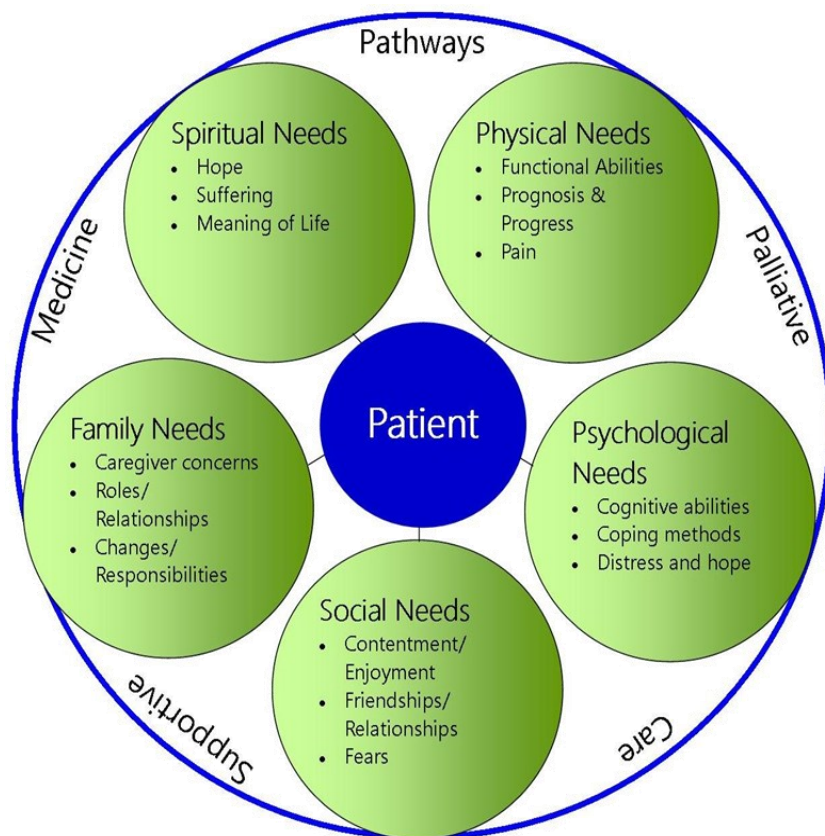
903-820-9753



## What is Palliative Care?

*Symptom Management*  
*Assistance with Planning Goals of Care*  
*ER and Hospitalization Management*  
*Partnership with Physicians and Facilities*

- Palliative Care is a specialized medical care for people with serious illness
- It focuses on providing patients with relief from the symptoms, pain and stress of a serious illness—whatever the diagnosis
- The goal is to improve *Quality of Life* for both the patient and the family



## Common Triggers

Ways to identify those that would benefit from Palliative Care

- Complex care requirements
- Seeing multiple doctors
- Managing more than one illness
- Difficulty controlling physical or psychological symptoms
- Frequent Hospitalizations
- Decline in function or unintended weight loss
- Admission to hospital from long-term facility
- Chronic home oxygen use
- Physician visits are becoming a challenge
- Limited social support due to family stress or chronic mental illness

## Conditions to discuss

- Pulmonary Disease
- Cancer
- Renal Disease
- Heart Disease
- Neurologic
- Dementia
- Liver Disease

## Symptoms Managed

- Pain
- Constipation
- Failure to Thrive
- Delirium
- Diarrhea
- Shortness of Breath
- Agitation
- Weakness & Fatigue

## Who we are

Our team of Certified Palliative Care Physician, Advanced Practice Nurse Practitioner, Nurses, Social Workers and Chaplains provides home-based specialized medical care and emotional support. Our goal is to help you streamline your care and find calm in the midst of confusion.

In our first few visits, we talk about your illness, plan of care and your personal goals. As we work together, we will be available to check in on you and provide help if problems arise, even if you need to go to the hospital. We always work in collaboration with your current doctors.

## What we do

- Visits to the patient, whatever their home setting, for assessment and support by our team
- Coordinate care with your Primary Physician
- Provide Education on Medications, Treatments and Managing your health at home
- Support in navigating the Healthcare System
- Emotional and Spiritual Support
- Advance Planning
- Connections to Community and Caregiving Resources



**For more information or to schedule a time for us to visit, please call 903-820-9753**